

## What is it we expect students to learn? Identifying Essential Standards

**Grade Level:** 5th

**Subject:** Physical Education

**Team Members:** Medsker and Houchin

1. Standard/Description	2. Evidence of Proficiency	3. Prior Skills Needed	4. Common Summative Assessment	5. When Taught?	6. Enrichment Standards
MAP fitness assessments	Participation in all tests	sit -up, push-ups, pacer test, pull-ups	MAP tests	First semester	
Sportsmanship	Demonstration of cooperation, teamwork and appropriate behaviors	Understand of what is considered appropriate and inappropriate when participating	Observation	All year, everyday	
Dance	Perform a simple folk dance	Simple rhythmic movements	observation	First semester	
Fine motor skills	Open a combination padlock without assistance	Practice at 4th grade level	The ability for the student to open padlock on daily basis	First semester	

1. Standard: What is the essential standard to be learned? Describe in student-friendly vocabulary.
2. Example/Rigor: What does proficient student work look like? Provide an example and/or description.
3. Prior Skills Needed: What prior knowledge, skills, and/or vocabulary is needed for a student to master this standard?
4. Common Assessment: What assessment(s) will be used to measure student mastery?
6. When will this standard be taught?
6. Enrichment: What supplementary standards/skills enrich the essential standard?

Mattos, Buffum, Weber, 2010