

Essential Standards

Grade Level: 7th grade

Subject: Exploratory FACS (1 quarter)

Team Members: Charity Strauch

1. Standard/Description	2. Evidence of Proficiency	3. Prior Skills Needed	4. Common Summative Assessment	5. When Taught?	6. Enrichment Standards
<p style="text-align: center;">Personal Finance</p> <p style="text-align: center;">F11.1.3B,E F11.1.6B</p>	<p>Students will be able to perform all aspects of a checking account properly (write checks, fill out check register, and reconcile checkbook with bank statement)</p> <p>Student will be able to identify the differences between debit and credit cards and how each functions</p> <p>Students will have a basic understanding of various types of savings accounts offered at financial institutions (general savings, bonds, stocks, certificates of deposit, etc)</p> <p>Students will be able to understand the concept of spending plans and how to use them effectively.</p>	<p>Ability to do basic addition and subtraction</p> <p>Ability to use a calculator</p> <p>Ability to write number amounts in word format</p>	<ul style="list-style-type: none"> • Checking account simulation • Katie Cole's Spending Plan Simulation • Post test 	<p>Assessed throughout the year each quarter</p>	

<p style="text-align: center;">Nutrition Awareness</p> <p style="text-align: center;">HPE 2,6 NH 1, 5</p>	<p>The student will be able to identify the 6 main nutrients needed by the body as well as each nutrients function and purpose.</p> <p>The student will be able to understand how fiber works in the body.</p> <p>The student will be able to distinguish the difference in a complete versus incomplete protein and how to make a complete protein out of two incomplete proteins.</p> <p>The student will be able to calculate the percentage of calories in one muffin from carbohydrates, fat, and protein.</p>	<p>Ability to use a calculator to figure percentages and do minor multiplication problems</p> <p>Basic understanding of equipment and measurements for in the kitchen</p> <p>Ability to use the internet and locate the USDA website</p>	<ul style="list-style-type: none"> • Analyzing Macronutrients and Energy in Our Basic Muffin Recipe • Post-test 	<p>Assessed throughout the year each quarter</p>	
<p style="text-align: center;">Drug Awareness</p> <p style="text-align: center;">HPE5 NH 1,3</p>	<p>The student will be able to identify the long-term and short term effects of the following drugs on each of the body systems: tobacco, marijuana, meth, inhalants, and OTC drugs</p>	<p>Basic information about what a drug is</p> <p>6th grade DARE education</p>	<ul style="list-style-type: none"> • Drug podcast Project • Post test 	<p>Assessed throughout the year each quarter</p>	

	<p>The student will be able to interpret and analyze the costs to society associated with drug abuse.</p> <p>The students will be able determine the signs and symptoms an individual might express if using a drug.</p> <p>The student will be able to determine support services for individuals using drugs.</p>				
<p>First Aid and CPR</p> <p>HPE 2, 7 NH7</p>	<p>The student will be able to demonstrate basic first aid procedures such as abdominal thrust, rescue breathing and CPR, poisoning, burns, control bleeds, and RICE.</p> <p>Prioritize and demonstrate the steps involved in assessing an emergency situation including 911 format, check, call, and care.</p> <p>Make informed decisions to reduce the</p>	<p>Basic first aid information</p>	<ul style="list-style-type: none"> • Actual training certification class with HyPer department at NWMSU • Post test 	<p>Assessed two weeks each quarter during year.</p>	

	risk of injuries during exercise, sports, and other activities.				
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